**General Information**

**How does it work?**

Our online sessions are available for children aged 5-7 and 8-10. They are made up of 45-minute sessions. During term time they are scheduled once per week on the same day and at the same time.

Each set of sessions focus on a core life skills, in this instance leadership, and also help to develop a growth mindset and confidence.

**Getting to know your child**

All our session are run in small groups. This ensures our Role Model can get to know each child individually.

To help with this, at the start of the session, please share any information about your child and any specific needs they might have.

It will only take a minute or two, and it ensures our Role Model has all the information they need to ensure your child has the best experience possible.

**How should I explain these sessions to my child?**

* You will be on a 45 minute video call (Zoom) led by one of our Role Models
* There will be a group of between 1-9 children
* You will have the chance to interact with the other learners and the Role Model
* You can wear comfortable clothes and have a drink nearby in case you need it
* It will be a fun session of games, talking, watching some videos and thinking together with the group
* We would love you tell us your ideas and feelings during the session, so talking and participating is definitely encouraged! But if there’s anything you don’t want to do, you can just sit and listen
* We can’t wait to meet you and learn some awesome new skills together!

**Who delivers the sessions?**

Our highly experienced team of Role Models are passionate about both education and social & emotional wellbeing. They’re energetic, engaging, and curious. They’re adept at combining educational rigour with fun, to create active learning environments that children love. All have been interviewed by our Recruitment Team and are reference and DBS checked.

<https://youtu.be/JEjTTYKFqI8>

**What does my child need for an online session?**

* Paper and pen/pencil, colours
* If a worksheet is required for use during the session this will be on the session information page (if you are unable to print, plain paper will be fine)
* Headphones (optional)

**How has the session content been developed?**

Our sessions follow an education framework developed by teachers, education experts and business leaders. This framework, based on the work of the [Partnership for 21st century learning'](https://www.battelleforkids.org/networks/p21), defines the skills and knowledge that children need to thrive at school, at home and beyond.

Our sessions have been written by our Character Education team who are highly qualified educators with over 24 years of teaching experience. Our content emphasises the importance of developing essential key life skills alongside academic attainment, in order to thrive in life.

**What type of child are the sessions designed for?**

Our sessions are not designed for those who may be struggling with specific life skills. We believe all children can build on these essential skills in order to reach their full potential. Your child may need a boost in confidence, to strengthen their resilience or they may just need an opportunity to go outside of their comfort zone and challenge themselves by working with new people.